



# ST JOE'S OUTPATIENT SURGERY AND RECOVERY CARE CENTER

## A COMPLETE PATIENT GUIDE TO OUTPATIENT SURGERY

**DATE OF SURGERY:**

---

**TIME OF SURGERY:**

---

**ARRIVAL TIME:**

---

**PARKING:**

*See last page for QR code*

---

## IMPORTANT TOPICS

### PREPARING FOR SURGERY

Tips and important info to plan ahead

### DAY OF SURGERY

What to expect the day of your visit

### FEES

Copays and deductibles

### DIRECTIONS

Map and directions on how to find us

**St Joseph's  
Outpatient Surgery  
and Recovery Care  
Center**

**240 W Thomas Rd  
Phoenix, AZ 85013**

**602-406-3552**

**[www.SJOSC.com](http://www.SJOSC.com)**

**“Our Mission is to care for every patient and their family as if they were our own.  
Each patient, each family, each and every time.”**  
**USPI Mission Statement**

## **PREPARING FOR SURGERY**

- **Please make use of our pre-registration tool online at [www.sjossc.com](http://www.sjossc.com). Click the link on the left for “One Medical Passport”.**
- Arrive at your scheduled arrival time to make sure your surgery starts on time.
- **You’ll need to arrange to have an adult drive you home. If you take a taxi service, you’ll still need an adult to ride home with you.**
- Follow your doctor’s office instructions for eating, drinking and medications and for pre op testing.
- No alcohol or medications unless permitted by the doctor for 24 hours prior to surgery.
- Please take a bath or shower prior to surgery to help prevent infection.
- Notify the doctor’s office if you have a fever, rash or any other health changes or if you may be pregnant.
- Wear loose, comfortable clothing the day of surgery. Please leave any jewelry or valuables at home.
- Bring a list of your medications (written or printed), your picture ID, insurance card and form of

payment if a payment applies to your surgery.

- For your child’s comfort a stuffed animal may be brought. If your child can’t drink from a cup, please bring a bottle (formula if needed) or a sippy cup.

## **DAY OF SURGERY**

If you have any questions please don’t hesitate to ask any member of our staff. We’re more than happy to give you any and all information you need to make your visit as comfortable as possible.

**At Check-in** we’ll go over all of your demographic information as well as obtain your signatures and collect any money you may owe for your procedure. At this point is where you’ll need your ID and insurance card(s) so the front desk staff can scan it in for our records.

**In Pre-Op** you’ll have time to talk to your nurse, your doctor and your anesthesiologist. They’ll give you a run down on what to expect and what all will be happening before, during and after the surgery as well as answering any questions or concerns you may have. If you’re unsure about something please ask. You’re allowed two (2) family members in the pre op area at a time, however sometimes the nurse may ask that they wait in the waiting

room while you're getting situated. While in Pre-Op the staff will discuss your medical information. **Be advised, it is your choice to have family/friends at your side during these discussions.** Visitors may stay until you are taken to the OR. There is a tracking board with your initials and doctor name that will show your status throughout your visit.

If your child is under the age of 18 in surgery at least 1 parent or guardian must remain in the waiting room at all times.

**After your surgery** you'll be taken to the Post Anesthesia Care Unit (PACU) where the nurses will take care of you while you're waking up. The amount of time it takes depends on the type of surgery and anesthesia you have had. Your family will be allowed back to visit once the nurse indicates that you're awake and ready for visitors.

The effects of anesthesia vary person-to-person and you may not remember much of your visit after going into the OR. We will not discharge you home until we are assured you are safe to go home. Sometimes, due to the amount of meds you received you may not remember the ride home. A nurse will call you after your surgery to see how you are doing. Any problems after your surgery should be reported to your doctor's office.

**To help us improve** we ask that you please complete the satisfaction survey sent to you. We truly value your input.

## **FEES**

A member of our business office will call you before your surgery to discuss your benefits and keep you informed of any money that may be due the day of service. This money is expected up front. If for any reason you can't make the payments we will review your account on a case-to-case basis to see if you're eligible for a payment plan. Please call at any time if you have questions about your payments and benefits.

We accept MasterCard, Visa, Discover, American Express and Care Credit as well as checks. If you're paying with cash, please bring the exact amount as we do not have change in the office. Self-pay and uninsured patients money will be due in full up front. You will be informed of the estimated amount prior to surgery.

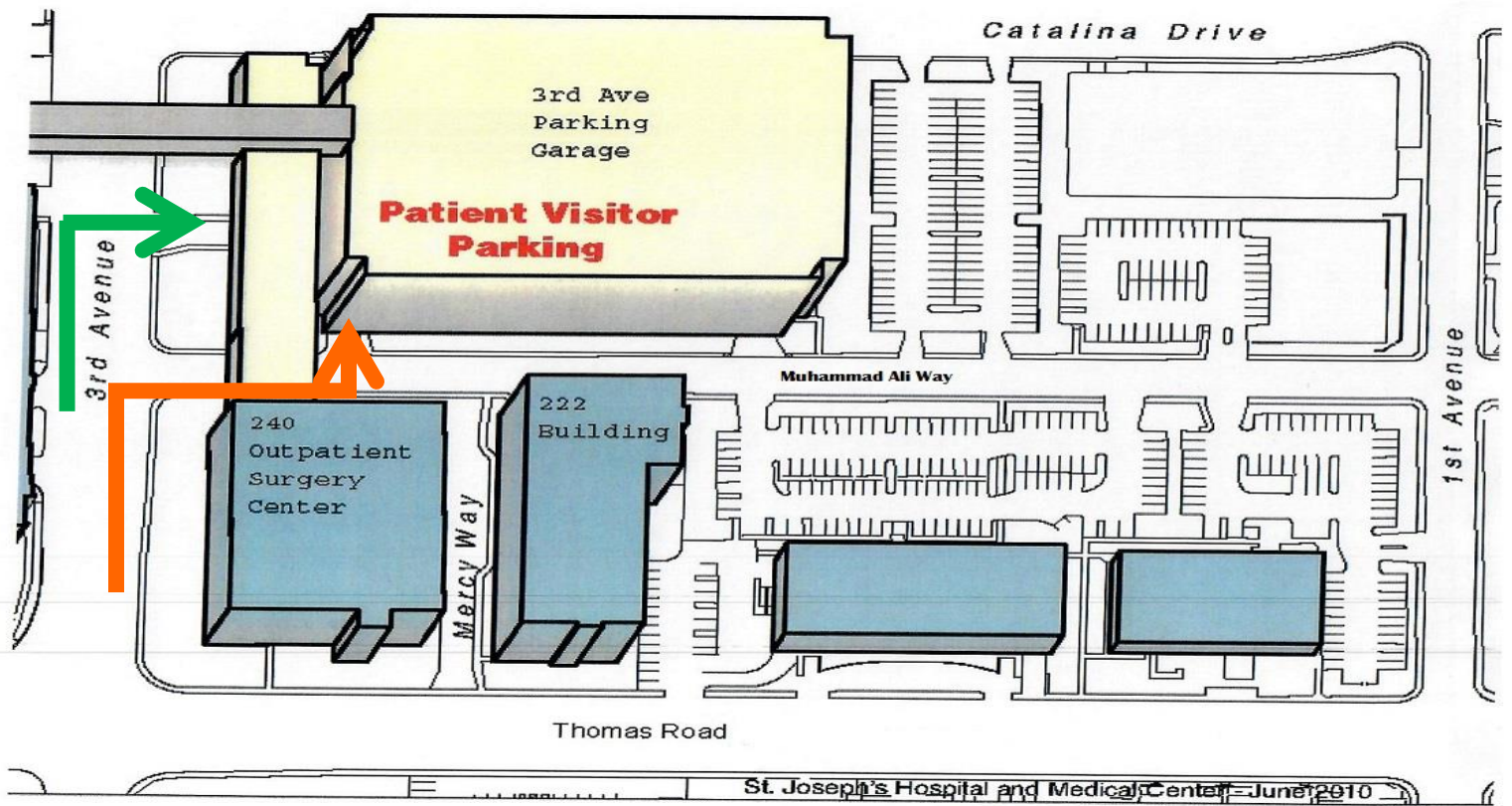
It's important to note that you will be receiving three separate bills. We (the facility) the doctor's office and your anesthesiologist will be billing separately. In the event your surgery requires a specimen sent to the lab you will also get a bill from that facility.

Billing Email: [sjbilling@uspi.com](mailto:sjbilling@uspi.com)

## **IF YOU HAVE ANY QUESTIONS**

**Please don't hesitate to call:  
602-406-3552**

# DIRECTIONS



From Thomas, head North on 3<sup>rd</sup> Ave and take your first right (East) on Muhammad Ali Way. There is an entrance to the parking garage to the left. **(Orange Line)**

You'll scan the below QR code to enter the parking garage.



If that parking lot is full please enter into the parking garage entrance that's off 3<sup>rd</sup> Ave. **(Green Line)** Please bring your ticket inside so we can validate it.